

LEADING THROUGH SPORTS LEADERS



HWB - CONFIDENT INDIVIDUALS

ENJOY BEING ACTIVE AND WANT TO SHARE THIS PASSION WITH OTHERS, JOIN US TO CREATE FUN, SAFE AND

The main aim is to develop the skills and behaviours in you to help you plan, lead and evaluate activity sessions in and out of class with peers, BGE and primary pupils. Throughout the course, you will take part in practical sessions and be mentored and supported as you learn new skills, beneficial for potential future employment.

You will complete a log book of what you have learned and led.

Please note – this course is not just about playing sport. You will also learn a range of activities appropriate for younger children and be expected to teach these to others.



SKILLS FOCUS



COMMUNICATING



COLLABORATING



LEADING



CURIOSITY



CREATIVITY



CRITICAL THINKING



INITIATIVE



ADAPTING



FOCUSING



RECOGNITION OF ACHIEVEMENT

Level 4 or Level 5 Sport Leadership



LEARNING INTENTION, SUCCESS CRITERIA & CAREER OPPORTUNITIES

Learning Intentions

- To improve my communication by giving clear instructions and demonstrations
- To build my leadership by creating safe and purposeful sessions
- To develop my initiative by preparing independently and considering how to make sessions inclusive
- To lead activities that promote healthy lifestyles
- To learn how to be a positive role model

Success Criteria

- I can communicate clearly so participants understand my instructions and tasks
- lead the sessions safely, staying calm and in control.
- I can prepare fully to plan, lead and review an activity using communication
- I can motivate participants and provide effective feedback, using verbal and non-verbal communication
- I can work as a team to plan and lead a sport event

Career Opportunities

- Active Schools
- Sports Coaching and Development
- PE Teaching
- Fitness instructor
- Leisure management

The Four Capacities

